

AWHONN NEBRASKA NEWSLETTER



OBSTETRIC PATIENT SAFETY (OPS) COURSE OFFERING IN LINCOLN

Thursday, April 18 or Friday, April 19

A GREAT & AFFORDABLE OPPORTUNITY!

- Day workshop designed to help clinicians identify, assess, and manage the care of patients with an obstetric emergency through simulation and debriefing.

Learning Outcomes:

- Identify key factors that place the patient at higher risk for an obstetric emergency.
 - Demonstrate effective management for pregnant or postpartum person during an obstetric emergency.
 - Role-play with a multidisciplinary team using simulation-based cognitive, behavioral, and technical learning strategies to practice management of a patient experiencing an obstetric emergency.
- \$20 for day class, \$120 for pre-learning and materials
 - To register for the course [click here](#)
 - To buy pre-learning and materials [click here](#)
 - The course content also meets the Joint Commission requirements for PC 06.01.01 Reduce the likelihood of harm related to maternal hemorrhage and PC.06.03.01 Reduce the likelihood of harm related to maternal severe hypertension/preeclampsia.

UPCOMING EVENTS

2/20 1-3 PM CT
Perinatal Bereavement
Community Chat, Quarter 1
[Register here](#)

4/2 2-3 PM CT
Perinatal Bereavement
Town Hall: Water Immersion
Photography
[Register here](#)

**SAVE!
THE DATE!**

Nebraska's 2024
Annual Conference in
Lincoln
9/12: Trivia Night @ Lazlos
9/13: Day Conference @
The Graduate Lincoln



AWHONN
NEBRASKA
PROMOTING THE HEALTH OF
WOMEN AND NEWBORNS

OVER TIME JOURNAL

- Did you know that 50% of nurses and 81% of leaders are burnt out? Moral distress + lack of support = BURNED OUT! We as nurses have symptoms of PTSD. Much PTSD therapy is going through traumatic events to move it to safety and facts and out of the fight or flight. PTSD can be lessened in 81% of the cases by JOURNALING!
- Purchase the Over Time Journal made especially for you, created by a nurse like you, Amy Qualey [HERE](#).



LEGISLATIVE

Doula legislation:

- LB1278 Provide for reimbursement of doula and full spectrum doula services under the Medical Assistance Act is being introduced in NE.
- To support, provide comments online [here](#).

AWHONN On Capitol Hill 2024:

- We are sending two NE nurses to lobby in DC with Headquarters and other states to assist in advancing legislation to promote the health of women and newborns.

JOIN US IN PHOENIX AT THE NATIONAL CONVENTION!

JUNE 7-11, 2024

SIGN UP HERE TODAY

- If you plan on going, please be sure to look for information regarding the Heartland Gathering for Nebraska, Kansas, Iowa, Minnesota, South Dakota, and North Dakota at Convention! More details to come!



A message from your state leaders

Having a trauma-informed (TIC) approach for our patients is crucial to understanding their needs to ultimately create a healing environment for them.

What about us as their caregivers?

In order to properly assist our patients and their families, we must first understand our own trauma and what we are bringing to the table.

See graphic above that harmonizes mental health and well-being for workers that is a priority of the U.S. Surgeon General.

What can you take from this into your facilities?

See full context [here](#).

Much love, Marisa + Samantha